

# Tour Itinerary 104

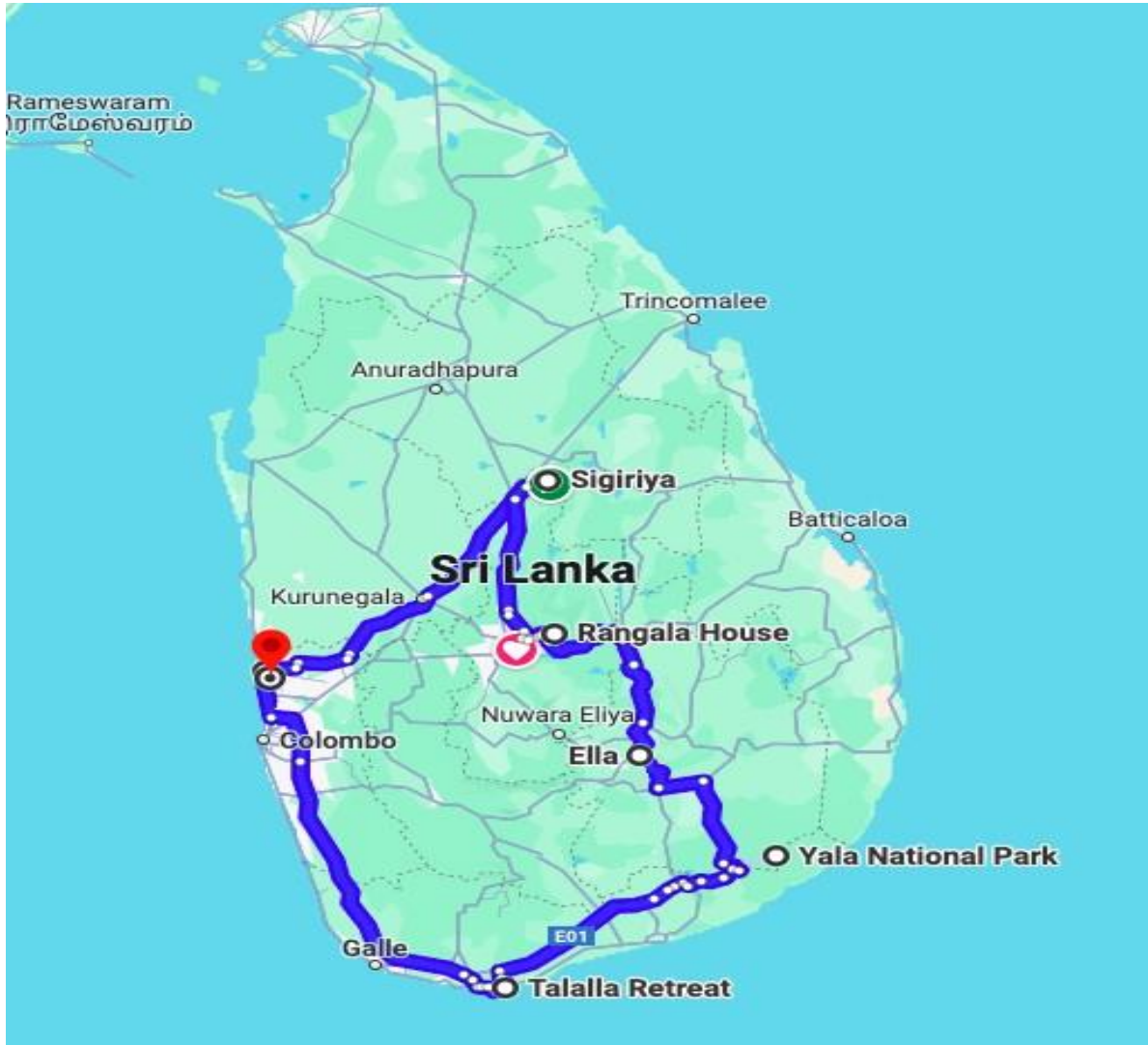
Customized tour itinerary for Lanka Sky Tours (B2B) 104



**Sri Lanka Tour - 14 Nights & 15 Days**  
**(Welness & Beauty of Sri Lanka ) Luxury Tour**

<b>Duration trip</b>	15 Days
<b>Theme</b>	<b>Welness &amp; Beauty of Sri Lanka</b>
<b>Key places</b>	<ul style="list-style-type: none"><li>● Negombo</li><li>● Dambulla Cave Temple</li><li>● Sigiriya</li><li>● Kandy</li><li>● Ella</li><li>● Thalalla</li><li>● Galle</li></ul>
<b>Key Activities</b>	<ul style="list-style-type: none"><li>● Heritage &amp; Culture</li><li>● Nature trails &amp; Tea estate</li><li>● Wild life</li><li>● Beach</li></ul>
<b>Accommodation</b>	4 to 5 Star. (Depend on locations) Please refer

**Travel route map for this tour.**



## Welness & Beauty of Sri Lanka

Type	Date	Pick up	Drop off	Note
<b>Transfer DAY 1</b>	TBA (To be announced/Advised)	Airport	Hotel in Negombo (Jetwing Sea)	<ul style="list-style-type: none"> <li>Relax in Negombo</li> </ul>
Type	Date	Pick up	Drop off	Note
<b>Transfer DAY 2</b>	TBA (To be announced/Advised)	Hotel in Negombo (Jetwing Sea)	Hotel in Negombo (Jetwing Sea)	<ul style="list-style-type: none"> <li>Relax in Negombo</li> <li>Ayurveda Treatment</li> </ul>

Type	Date	Pick up	Drop off	Note
<b>Tour DAY 3</b>	TBA	Hotel in Negombo (Jetwing Sea)	Hotel in Sigiriya (jetwing viluyana)	<ul style="list-style-type: none"> <li>• Dambulla cave temple</li> </ul>
Type	Date	Pick up	Drop off	Note
<b>Tour Day 4</b>	TBA	Hotel in Sigiriya (jetwing viluyana)	Hotel in Sigiriya (jetwing viluyana)	<ul style="list-style-type: none"> <li>• Sigiriya Climb</li> <li>• Nature walk</li> </ul>
Type	Date	Pick up	Drop off	Note
<b>Tour Day 5</b>	TBA	Hotel in Sigiriya (jetwing viluyana)	Hotel in Sigiriya (jetwing viluyana)	<ul style="list-style-type: none"> <li>• Pidurangal rock</li> <li>• Nature walk</li> </ul>
Type	Date	Pick up	Drop off	Note
<b>Tour Day 6</b>	TBA	Hotel in Kandy (Rangala House )	Hotel in Kandy (Rangala House)	<ul style="list-style-type: none"> <li>• Mathale</li> <li>• Aluvihara Temple</li> </ul>
Type	Date	Pick up	Drop off	Note
<b>Tour Day 7</b>	TBA	Hotel in Kandy (Rangala House )	Hotel in Kandy (Rangala House)	<ul style="list-style-type: none"> <li>• Knuckles Forest walk</li> <li>• Relax &amp; Yoga</li> </ul>
Type	Date	Pick up	Drop off	Note
<b>Tour Day 8</b>	TBA	Hotel in Kandy (Rangala House )	Hotel in Kandy (Rangala House)	<ul style="list-style-type: none"> <li>• Nature walk</li> <li>• Relax</li> </ul>
Type	Date	Pick up	Drop off	Note
<b>Tour Day 9</b>	TBA	Hotel in Kandy (Rangala House)	Hotel in Ella (98Acess Resort)	<ul style="list-style-type: none"> <li>• Ella</li> <li>• Dunhida waterfall</li> </ul>
Type	Date	Pick up	Drop off	Note
<b>Tour Day 10</b>	TBA	Hotel in Ella (98Acess Resort)	Hotel in Ella (98Acess Resort)	<ul style="list-style-type: none"> <li>• Train trip</li> <li>• Litpn seat</li> <li>• Little adam's peak</li> <li>• 9Arch bridge</li> </ul>
Type	Date	Pick up	Drop off	Note
<b>Tour Day 11</b>	TBA	Hotel in Ella (98Acess Resort)	Hotel in Thalalla (Thalalla Retreat)	<ul style="list-style-type: none"> <li>• Ravana waterfall</li> <li>• *Buduruwagala Temple</li> </ul>
Type	Date	Pick up	Drop off	Note
<b>Tour Day 12</b>	TBA	Hotel in Thalalla (Thalalla Retreat)	Hotel in Thalalla (Thalalla Retreat)	<ul style="list-style-type: none"> <li>• Beach Relax</li> <li>• Yoga /Nature walk</li> </ul>

Type	Date	Pick up	Drop off	Note
<b>Tour Day 13</b>	TBA	Hotel in Thalalla (Thalalla Retreat)	Hotel in Thalalla (Thalalla Retreat)	<ul style="list-style-type: none"> <li>• Beach Relax</li> <li>• Yoga / Nature Walk</li> </ul>
Type	Date	Pick up	Drop off	Note
<b>Tour Day 14</b>	TBA	Hotel in Thalalla (Thalalla Retreat)	Hotel in Thalalla (Thalalla Retreat)	<ul style="list-style-type: none"> <li>• Beach Relax</li> <li>• Yoga / Nature walk</li> </ul>
Type	Date	Pick up	Drop off	Note
<b>Tour Day 15</b>	TBA	Hotel in Thalalla (Thalalla Retreat)	Airport	<ul style="list-style-type: none"> <li>• to Airport via Galle (Depend on time)</li> </ul>

## Detailed Itinerary

### Sri Lanka Tour ( 14 Days)

## Day 1

### Day 1: Arriving in Tranquil Negombo



Upon arrival at Bandaranaike International Airport, you'll be welcomed to the serene shores of Negombo, a coastal town renowned for its peaceful ambiance. Your sanctuary for the night is

the luxurious Jetwing Sea, where the gentle lull of the ocean waves and the soft sea breeze invite you to unwind and relax.

Highlights:

- **Jetwing Sea:** Nestled along the golden sands of Negombo Beach, Jetwing Sea offers a haven of tranquility and comfort. Indulge in a rejuvenating spa treatment or simply lounge by the pool, soaking in the serene atmosphere.
- **Beachside Bliss:** Take a leisurely stroll along the palm-fringed coastline, feeling the warmth of the sand beneath your feet and listening to the soothing sounds of the sea.
- **Culinary Delights:** Treat your taste buds to a sumptuous dinner featuring fresh seafood and authentic Sri Lankan cuisine at the hotel's exquisite restaurant, overlooking the ocean.

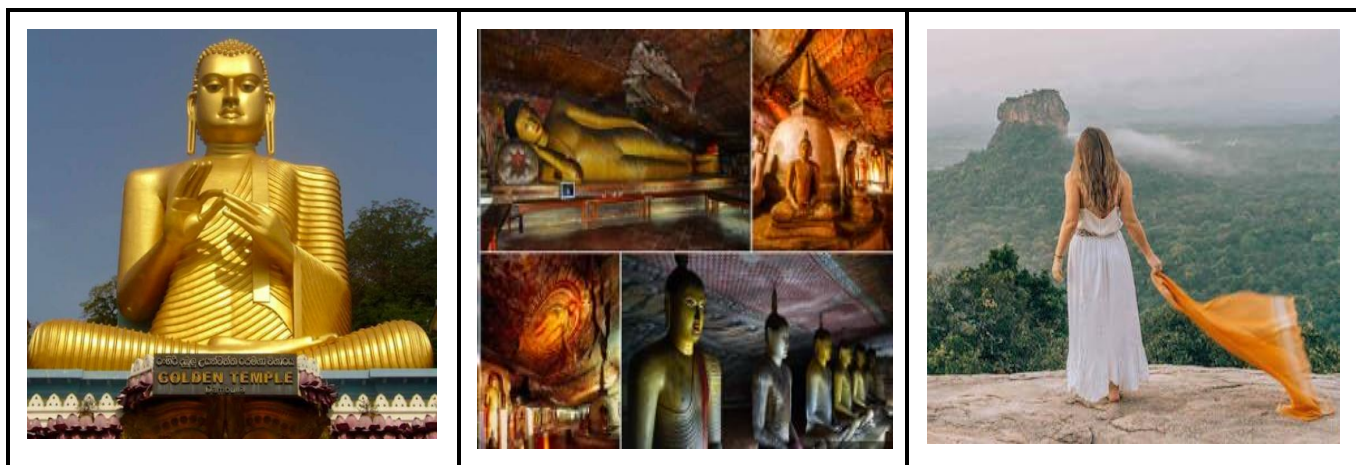
After a day of travel, immerse yourself in the calming ambiance of Negombo and prepare to embark on a blissful journey of wellness and relaxation throughout your stay in Sri Lanka.

### Overnight stay in Jetwing Sea

## Day 2, Explore Negombo & Relax by the beach.

### Overnight stay in Negombo

## Day 3,4,5: Rejuvenation amidst Ancient Splendor in Sigiriya



As you bid farewell to the tranquil shores of Negombo, your journey continues towards the cultural marvel of Sigiriya. Settle into the enchanting Jetwing Vil Uyana, your sanctuary amidst the lush landscapes and rich history of this UNESCO World Heritage Site. Over the next three days, immerse yourself in a world of wellness and relaxation, complemented by the awe-inspiring beauty of Sigiriya. Highlights:

- **Jetwing Vil Uyana:** Tucked away in the heart of nature, Jetwing Vil Uyana offers a serene retreat where luxury meets tranquility. Each day begins with the symphony of birdsong and the gentle rustle of foliage, inviting you to reconnect with the natural world.
- **Exploration of Sigiriya:** Embark on a journey to the iconic Sigiriya Rock Fortress, a testament to ancient ingenuity and architectural brilliance. Ascend to the summit and marvel at the panoramic views of the surrounding countryside, a fitting backdrop for meditation and reflection.
- **Wellness Activities:** Indulge in a variety of wellness activities tailored to nourish the body, mind, and soul. From rejuvenating spa treatments to guided yoga and meditation sessions amidst the serene surroundings, each moment is designed to promote holistic well-being.
- **Cultural Immersion:** Delve into the rich cultural tapestry of Sigiriya with visits to nearby attractions such as the ancient Dambulla Cave Temple, where intricate murals and towering statues offer insight into Sri Lanka's spiritual heritage.
- **Savoring Culinary Delights:** Relish the flavors of Sri Lanka with exquisite dining experiences at Jetwing Vil Uyana, where locally sourced ingredients and traditional recipes come together to tantalize your taste buds.

As you bask in the tranquility of Jetwing Vil Uyana and explore the wonders of Sigiriya, allow yourself to embrace the essence of relaxation and rejuvenation, paving the way for a truly transformative wellness journey in Sri Lanka.

**Overnight stay in Jetwing Viluyana, Sigiriya.**

**Day 6,7,8 : Embracing Serenity in Enchanting Kandy**



As you depart from the cultural marvels of Sigiriya, your wellness journey leads you to the captivating city of Kandy, nestled amidst misty hills and lush greenery. Your sanctuary for the next three nights is the serene Rangala House, where tranquility and relaxation await amidst the natural beauty of the surrounding countryside.

#### Highlights:

- **Rangala House:** Tucked away in the verdant hills of Kandy, Rangala House offers a retreat from the hustle and bustle of everyday life. With its charming ambiance and idyllic setting, it serves as the perfect haven for rejuvenation and well-being.
- **Morning Yoga and Meditation:** Start each day with a gentle yoga and meditation session, guided by the tranquil surroundings of Rangala House. Allow the soothing sounds of nature to awaken your senses and cultivate a sense of inner peace.
- **Exploration of Kandy:** Delve into the cultural heritage of Kandy with visits to iconic landmarks such as the Temple of the Tooth Relic, where ancient traditions and spiritual reverence converge. Stroll through the vibrant streets of the city, taking in the sights and sounds of its bustling markets and historic monuments.
- **Nature Walks and Trekking:** Immerse yourself in the natural splendor of Kandy with guided nature walks and trekking excursions. Discover hidden waterfalls, lush forests, and scenic viewpoints, each offering moments of serenity and connection with the natural world.
- **Ayurvedic Wellness:** Pamper yourself with traditional Ayurvedic treatments and therapies, tailored to promote physical rejuvenation and inner harmony. From herbal massages to soothing herbal baths, indulge in holistic wellness practices that nourish the body, mind, and soul.

As you embrace the serenity of Rangala House and immerse yourself in the cultural and natural wonders of Kandy, allow yourself to surrender to the rhythm of relaxation and renewal. With each passing day, may you find solace and inspiration amidst the tranquil landscapes of Sri Lanka's hill country.



## Overnight stay in Rangala House, Kandy.

## Day 9,10: Tranquility and Renewal in Enchanting Ella



As you bid farewell to the serene landscapes of Kandy, your wellness journey continues to the picturesque hill station of Ella, renowned for its breathtaking vistas and tranquil ambiance. Your sanctuary for the next two nights is the idyllic 98 Acres Resort & Spa, where luxury and serenity converge amidst the verdant tea plantations and misty hills.

### Highlights:

- **98 Acres Resort & Spa:** Nestled amidst acres of lush greenery and overlooking the scenic valleys of Ella, 98 Acres Resort & Spa offers a sanctuary of tranquility and renewal. Immerse yourself in the natural beauty of the surroundings and indulge in luxurious comforts that rejuvenate the body, mind, and soul.
- **Morning Yoga and Meditation:** Awaken your senses with invigorating yoga and meditation sessions, guided by the serene ambiance of 98 Acres Resort & Spa. Allow the crisp mountain air and panoramic views to inspire a sense of inner peace and well-being.
- **Exploration of Ella:** Discover the enchanting beauty of Ella with leisurely walks amidst tea plantations, picturesque waterfalls, and scenic viewpoints. Visit iconic attractions such as the Nine Arch Bridge and Little Adam's Peak, each offering glimpses of Ella's unparalleled charm and natural splendor.
- **Spa Indulgence:** Treat yourself to pampering spa treatments and holistic wellness therapies at 98 Acres Resort & Spa's luxurious spa. From soothing massages to rejuvenating body scrubs, experience blissful relaxation and renewal in the hands of skilled therapists.
- **Culinary Delights:** Savor the flavors of Sri Lanka with delectable dining experiences at 98 Acres Resort & Spa's restaurant, where locally sourced ingredients and traditional recipes come together to tantalize your taste buds. Enjoy wholesome meals amidst panoramic views, creating unforgettable culinary memories.

As you embrace the tranquility of 98 Acres Resort & Spa and immerse yourself in the natural beauty of Ella, may you find moments of serenity and renewal that nourish your body, mind, and soul. With each passing day, may you discover new depths of relaxation and well-being amidst the enchanting landscapes of Sri Lanka's hill country.

Overnight stay in 98 Acres Resort & Spa, Ella

## Day 11,12,13,14 : Blissful Retreat in Talalla



Leaving behind the misty hills of Ella, your wellness journey now takes you to the serene shores of Talalla, a hidden gem on Sri Lanka's southern coast. Your sanctuary for the next four nights is the tranquil Thalalla Retreat, where relaxation and rejuvenation await amidst the idyllic coastal landscape.

### Highlights:

- **Thalalla Retreat:** Nestled along the pristine shores of Talalla Beach, Thalalla Retreat offers a secluded haven for wellness and relaxation. Surrounded by swaying palm trees and the gentle rhythm of the ocean waves, immerse yourself in the tranquil ambiance of this coastal retreat.
- **Beachfront Yoga and Meditation:** Start each day with sunrise yoga and meditation sessions on the beach, allowing the soothing sounds of the sea and the golden glow of dawn to inspire a sense of inner peace and serenity.
- **Ayurvedic Wellness:** Indulge in traditional Ayurvedic treatments and therapies at Thalalla Retreat's wellness center, tailored to promote holistic well-being and rejuvenation. From herbal massages to detoxifying treatments, experience the healing benefits of ancient Ayurvedic practices.
- **Leisurely Beach Activities:** Spend leisurely afternoons lounging on the golden sands of Talalla Beach, soaking up the sun's rays and listening to the gentle lapping of the waves. Take refreshing dips in the azure waters or simply unwind with a good book under the shade of a swaying palm tree.

- **Exploration of Nearby Attractions:** Venture out to explore the surrounding area, with optional excursions to nearby attractions such as the historic city of Galle, where colonial charm and cultural heritage converge amidst cobbled streets and ancient fortifications.
- **Nourishing Cuisine:** Delight your palate with nourishing and flavorful meals prepared with fresh, locally sourced ingredients at Thalalla Retreat's restaurant. Enjoy a variety of wholesome dishes inspired by Sri Lankan and international culinary traditions, complemented by stunning ocean views.

As you immerse yourself in the tranquil oasis of Thalalla Retreat and embrace the natural beauty of Talalla Beach, may you find moments of serenity and renewal that nourish your body, mind, and soul. With each passing day, may you discover new depths of relaxation and well-being amidst the serene coastal landscape of Sri Lanka.

### Overnight stay in Thalalla Retreat, Thalalla.

## Day 15 Departure via Galle - Bid Farewell to Serene Sri Lanka



As your unforgettable wellness journey through Sri Lanka draws to a close, your final day offers a blend of exploration and relaxation as you make your way to Bandaranaike International Airport for your departure. En route, you'll have the opportunity to visit the historic city of Galle, a UNESCO World Heritage Site renowned for its colonial charm and picturesque surroundings.

#### Highlights:

- **Visit Galle Fort:** Explore the iconic Galle Fort, a beautifully preserved colonial-era fortress that stands as a testament to Sri Lanka's rich history. Stroll along the cobblestone streets lined with charming boutiques, art galleries, and cafes, soaking in the ambiance of this UNESCO-listed site.
- **Galle Lighthouse:** Admire the scenic beauty of the Galle Lighthouse, an elegant structure that offers panoramic views of the coastline and the Indian Ocean. Capture memories of the breathtaking vistas and the tranquil sea breeze before continuing your journey.

- **Shopping and Souvenirs:** Take the opportunity to browse through the vibrant markets and shops within Galle Fort, where you can find unique souvenirs, handicrafts, and local delights to commemorate your time in Sri Lanka.
- **Scenic Drive to the Airport:** After your exploration of Galle, embark on a leisurely drive to Bandaranaike International Airport, enjoying the picturesque landscapes and coastal views along the way. Reflect on the memories and experiences of your wellness tour as you bid farewell to the island nation.

As you make your way to the airport, filled with cherished memories of serene landscapes, rejuvenating wellness experiences, and warm hospitality, take a moment to appreciate the transformative journey you've embarked upon in Sri Lanka. Depart with a sense of peace and renewal, carrying the spirit of wellness with you as you journey onward. Until we meet again, may the tranquility of Sri Lanka stay with you always.

**Tour ends!**

**Vehicle:**

Air Condition BUS





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**Google reviews:**

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